



## "The Rossmoyne Way"

MAY 14, 2017

EDITION 3, 2017

### Season Opener

#### **2017 Season Has Started**

What a wonderful start to the 2017 season! Beautiful weather has welcomed the new season. It is such a joy to head down to Gibson Park and see all our enthusiastic players and their supporters enjoying the game of Netball. Looking around the courts, our gorgeous aqua uniforms really stand out. First couple of games, is always a bit of an unknown - what are the opposition teams going to be like, how will our team compete against them, what new tactics and players will we come up against??? Thanks to all players (and their parents) for getting down to training and the games. Thanks to our wonderful coaches for putting your hand up again (or for the first time) to ensure our members have an enjoyable season. Thanks to our team managers for supporting your coaches and players.

Thanks to our umpires for getting out there and doing your best.

Fixtures for the 2017 Winter Season are now available on the FNA website and via this link or down load for free, Game Day by Sports TG from the App Store or Google Play.

[http://websites.sportstg.com/assoc\\_page.cgi?assoc=7879&plD=1](http://websites.sportstg.com/assoc_page.cgi?assoc=7879&plD=1)

#### **Season Opener at Shelley Foreshore**

It was great to see everyone mingling, with some of you meeting your fellow team mates for the first time.

Fortunately, the queues were not too long for the uniform collections and your patience was appreciated. Thank you Terri Emin and crew for this smooth process.

A big "Thank you" to all those involved in setting up and clearing away also.

You can see the group photo that was taken by hopping onto our Facebook page and like us, to see other feeds and links.

<https://www.facebook.com/rossmoynenetballclub/>

### Milestones

#### **Milestones To kick the Season Off**

##### ***Emily Hamley SB5 200 games***

Maeve O'Brien SB5 100 games

Holly M 17U1 100 games

Lara B 17U2 100 games

Sophie A JA1 100 games

Tori W 17U3 50 games

Tirana W 19U2 50 games

Emily V 17U5 50 games

Shannon M JA2 50 games

Jodie O JD3 50 games

Andrea W SB1 50 games

**Congratulations Girls...**more names will be added in the following newsletters. This is a reminder to team managers, to drop off your game cards to Sue Mews, so she can collate the results. Thanks.

## President Report

**Rossmoyne  
Netball Club  
email**

[rossmoynenetballclub@gmail.com](mailto:rossmoynenetballclub@gmail.com)

**Website:**

[www.rossmoynenc.com.au](http://www.rossmoynenc.com.au)

### **News from the President**

There are members of our club that have assisted in many ways so that we may enjoy the season and we plan to make special mention of them as the season progresses! Here are a few: -

#### **Special thanks to:**

**Rachael**, our registration officer, for the huge amount of time and effort that goes into ensuring all our players and teams are registered with FNA and My Netball.

**Julia**, our treasurer and events coordinator for all her work ensuring our finances are well controlled and for coordinating our Season Opener at Shelley Foreshore.

**Sarah**, our grading coordinator, and her team, for working hard to form teams of players that will be competitive each week.

**Terri**, our uniform coordinator, for all her challenging work ensuring our players and coaches are decked out in time for game 1.

**Paula**, our equipment officer, for purchasing and coordinating all the training and game day equipment.

**Kym**, our team manager coordinator, and **Sue**, our record keeper, for ensuring the team managers and supporters can assist the team and coach effectively.

**Pauline**, our umpire coordinator, and **Paige**, our umpire mentor, for ensuring all games are officiated well - an ongoing, huge effort!

**Narelle**, our coach coordinator, for your support and organization of one of our most treasured assets - our coaches!

There are many ongoing projects and events that are planned to support our club and the netball season.

#### **Our biggest mission, is our building project.**

Many of you may or may not be aware that there has been a great deal of time and effort over several years to have a facility built adjacent to our training courts in Shelley. The project has been a long-term goal of our past President Lana Glogowski and our committee member Alison Butcher. These two amazing women have put in many, many hours of time and dedication, working on building plans (a huge thank you also to Adam Butcher), meeting with key stakeholders, lobbying councilors and politicians and applying for grants.

This new facility will assist our club to be able to grow and develop over the coming years. Having improved access to shelter, toilets and onsite training equipment.

The [Rossmoyne Netball Club](#) has recently formed a building subcommittee to support the processes required to bring this dream to fruition. We are hopeful that our grant application to the City of Canning and the Department of Sport and Recreation will be successful this year so we will keep you posted on the outcomes over the coming months.

Our annual campaign to fundraise to assist with our building project this year, will be a Mexican themed Bingo Night on Saturday 10<sup>th</sup> June We invite all our members, families and friends to join and participate in what looks to be a fantastic fun night out, so get a table together and join us!

Please see attached flyer below. Or jump on our Facebook page or website for more details. <http://www.rossmoynenc.com.au>  
<https://www.facebook.com/rossmoynenetballclub/>

**Meredith Willmott  
President**

## Coaches Corner

*Any suggestions for "The Rossmoyne Way" newsletter items should be sent through to the club email address, [rossmoynenetballclub@gmail.com](mailto:rossmoynenetballclub@gmail.com) Subject: "Attention Newsletter Editor"*

### **Welcome to the 2017 netball season from your coaches!**

There are 37 teams this year with 30 coaches and 10 assistant coaches, 10 of our coaches are new to [Rossmoyne Netball Club](#) this year, we thank you for giving them a warm welcome to the club.

As well as the many hours our coaches spend on Saturdays coaching, weeknights training many also spend time developing their skills to enable your child to have the best possible netball experience.

On Sunday afternoon May 21<sup>st</sup> [Rossmoyne netball club](#) will play host to Sue Gaudion and Lynn Pemberton (From the Good Bad and Ugly Coaching Series) in facilitating a workshop for our coaches at All Saints indoor sports stadium. More than 20 of our coaches will be in attendance and we have extended an invite to coaches from All Saints Netball Club, Tingara Netball Club and FNA representative Coaches. This is a very exciting chapter in our coach's journey and we look forward to seeing all the innovative ideas it brings into our club.

On the three day Long weekend this June whilst most of our coaches, players and parents will be having a midseason break from netball Sarah Dodd and Kristy Williams (U14/2) and myself (U13/2) will be coaching FNA representative teams at the State Netball Centre in Floreat. Having applied and being appointed into the representative coaching role in January this year we are now 6 weeks into a 10-week development program, training our teams for 2 hours each Thursday night in Fremantle. During the long weekend our teams will play up to 7 games culminating in the top 2 ranked teams in each division playing it off for the title. Good Luck to all Coaches and girls involved!

Once again thank you to all our players and parents for your support of our Coaches.

***Narelle Morgan - Coach Coordinator***

### **Club Member News**

Congratulations to our amazing and talented members Samantha D, Matilda H and Amelie W who all represented Western Australia in the recent Australian Junior Beach Volleyball Championships. Big congrats to Amelie and her team mates for also winning a bronze medal in the Under 15's division.

If you have any news that you would like share in our newsletter or Facebook page please contact [rossmoynenetballclub@gmail.com](mailto:rossmoynenetballclub@gmail.com)

## Umpiring

### Umpiring Update

All sports need **umpires** to officiate games. At the [Rossmoyne Netball Club](#), we are lucky to have a dedicated group of girls, men and women who put their hand up to **umpire** our junior, 17&U and 19&U games and mentor our more novice **umpires**.

**Congratulations** to the 7 girls umpiring in the JUDP program at FNA you guys all look great in your green shirts on Saturday's. Special mention to Renee H who was missed from the initial list of JUPD participants in the last newsletter.

A reminder for all **umpires** due to the shortened time between games to start matches on time, if a match does start late the breaks can be shortened to make up time.

All teams at RNC playing in Junior A, 17&U, 19&U and Senior grades (born 2002 and older) are allocated umpiring duties each week as a way of contributing to the club. It is the team's responsibility to roster their players to cover these umpiring duties which usually works out at each player umpiring 1-2 games per season.

At [Rossmoyne Netball Club](#), we have the game day mentoring program, this involves a senior **umpire** supporting a novice **umpire** on match day. A mentor must be requested at least one week in advance. If you would like a mentor please contact Pauline Halfweeg.

In addition, we encourage all players interested in extra umpiring for the club to express their interest to Pauline Halfweeg. Details below.

Umpiring in addition to your team allocation is paid by the club on a per game basis (dependent on grade of game umpired). **Umpires** must be born in 2003 and earlier.

If any current **umpires** have changed their banking details please contact Pauline to organise updating their banking details.

**Pauline Halfweeg - Umpiring Coordinator** [pauline.halfweeg@hotmail.com](mailto:pauline.halfweeg@hotmail.com)  
(Subject: "Attention Umpiring Coordinator").

## Uniforms



### Socks and Jackets

Hi Everyone

What a great start to the season!

So good to see all our players looking so smart in their uniforms.

All uniforms have been collected apart from a few pairs of socks. The third jacket order will be arriving in about a week.

We will keep you posted for collection times

Thanks so much to all our members for your support and encouragement.

If you have any enquiries please email the club.

Good Luck for the season!

**Terri Emin**

**Uniform Coordinator**

## Events & INFO Area

### **B.I.N.G.O**

'Eyes Down' lookin for a fun night????

If you've got a 'Man Alive' or a 'Knock at the Door', or 'Unlucky for Some', (all are numbers in bingo, but we'll explain it as we go along!) come down for an enjoyable bingo night with a Mexican twist!!!

Come dressed in your Ponchos or Sombreros, Cervezas (well, cold beers) and wine can be purchased at the bar – sorry no BYO. Tickets only \$20 each.

The fun starts at 7pm at Riverton Leisureplex, High Road, Riverton.

[http://www.rossmoynenc.com.au/sites/default/files/downloadable\\_files\\_articles/RNC%20Bingo%20Night.pdf](http://www.rossmoynenc.com.au/sites/default/files/downloadable_files_articles/RNC%20Bingo%20Night.pdf) please contact your team manager or a committee member.

*Donations towards a prize or part of a silent auction would be well received and acknowledged on the night.*

### **FROM Fremantle Netball Association**

Could all clubs please remind their members that no one is permitted to lower or raise the goal posts on the grass courts.

This duty is solely the responsibility of the Grounds people. We have already had one post broken damaged so it can no longer be lowered.

We acknowledge that there was some delay on posts being lowered last Saturday however this timing issue has been rectified for future competition days.

We ask for your assistance in this matter.

Regards FNA

### **Team Photos**

Team photos this year will be taken on 17<sup>th</sup> June & 1<sup>st</sup> July, place TBA

### **Club Cake Stall**

Calling all cake bakers, our cake stall will be on Saturday 12<sup>th</sup> August. Details to follow.

## Important Dates

### **Smarter than Smoking Association Championship**

On the long weekend in June 22 of our junior players will compete in the Smarter than Smoking Association Championship representing Fremantle Netball Association. These athletes were talent identified during the 2016 season and then went on to trial over several weeks before being selected. For the past few months the players have trained weekly and competed in some smaller carnivals.

We wish our players all the very best for the upcoming challenge.

Congratulations also to Narelle Morgan, Sarah Dodd and Kristy Williams who have been selected as coaches for the FNA representative teams. These coaches have dedicated many hours in selecting and training these teams and we wish them luck for the coming championship.

There are several [Rossmoyne Netball Club](#) umpires also set to officiate on this weekend, led by our committee member (and former umpiring coordinator) Elanie Lloyd.

### ***Are your details up to date???***

If you've recently moved, changed your email or phone number, please let us know so we can update our records.

All important information is sent via email, so if we don't have your correct details you may miss out!!!!

### **Key Club Dates**

Wednesday 24<sup>th</sup> May Committee Meeting at Rossmoyne Primary School

Saturday 10<sup>th</sup> June Mexican Bingo - Riverton Leisureplex

Saturday 17<sup>th</sup> June Club Photos – FNA Courts TBA

Saturday 1<sup>st</sup> July Club Photos – FNA Courts TBA

Saturday 12<sup>th</sup> August Cake Stall – FNA Courts

**Next Committee Meeting will be held at Rossmoyne Primary School next to the library at 7.30pm. Everyone in our club are welcome to attend.**

## Final Thought

*On a final note, enjoy your games each week, and please be gracious to **ALL** umpires.*

Some food for thought for everyone, players, and spectators

Think about this next time you hear someone moan about umpires....

A standard game of netball is 60 minutes. In a game of netball, the ball must be passed at least every three seconds. This results in the ball being passed, at an absolute minimum, 1,200 times a match.

Every time a player catches the ball, an umpire has to check seven things involving the player with the ball and their opponent (footwork, contact, how they got the ball, obstruction, offside etc.).

Almost simultaneously, the umpire has to look down the court and check other players are in their correct areas and are not blocking each other in their attempts to move. This could involve scanning 10 different players, while keeping one eye on the player with the ball and their opponent.

So that's seven things involving the player with the ball, plus potentially another 10 players to watch, each with three actions involved (contact, obstruction and offside). That's 38 different actions to watch for, per pass, including the held ball rule. 38 times 1,200 passes equals 45,600 decisions umpires make per match!!!

Even if that figure is split between the two umpires, that's still 22,800 decisions each!!

22,800 decisions a match! And that's assuming players take the maximum three seconds to pass the ball. The real figure is probably much higher!!!

Please pass on to others who play and may find they have more understanding next time.

Shared Courtesy Fremantle Netball Association.

*The Club wishes to acknowledge our generous sponsors.  
Please show them your support.*



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# **HOLA AMIGOS !**



**ROSSMOYNE NETBALL CLUB**

**INVITES YOU TO A ...**



## ***MEXICAN BINGO NIGHT***



**Saturday 10th June 2017**

**Riverton LeisurePlex, High Road, Riverton**

**7pm to Midnight**



**A juan-derful night of fun with bingo, raffles, silent auction, games & lots of prizes**



**Dress to impress in anything Mexican  
Think ponchos, sombreros, tacos... or chihuahuas?!  
The possibilities are endless!**



**Tickets \$20 each, tables of 10  
Book your table with your Team Manager**



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